



TAKING ACTION

3. ACCEPTING CONSEQUENCES

For most people, making good decisions is important because all decisions have consequences, and no one wants to face negative consequences. In order to make the best decisions, you should first identify the situation and then analyze possible options. Each option has specific consequences—both positive and negative—that you should consider and reflect upon before making your final decision. Analyzing the consequences of each option will allow you to make better decisions. Moreover, accepting and learning from bad consequences will lead you to making better decisions in the future.

Materials

- Printed handout
- Pen or pencil

STEP BY STEP

- A** Print the handout on the next page or copy it in your notebook so you can work on it.
- B** Work in small groups. Read the situation on the handout and then discuss the questions. Reach an agreement on Beto's situation and come up with ideas to help him make a decision.
- C** Based on your discussion, think of every possible option and its consequences, even if you consider an option a bad idea. Complete the diagram to show the possible options Beto has and all their consequences.
- D** As a class, compare and discuss the different options and their consequences. Which option do you think is the best? Why?
- E** Discuss the questions in pairs. Write your conclusions.



1 Why is it important to consider different options and their consequences?

2 Do you think that reflecting on the consequences helps you be responsible for your decisions?
Why?

IT

If you want to learn more about the steps to make good decisions, you can go to:
<http://edutics.mx/56z>



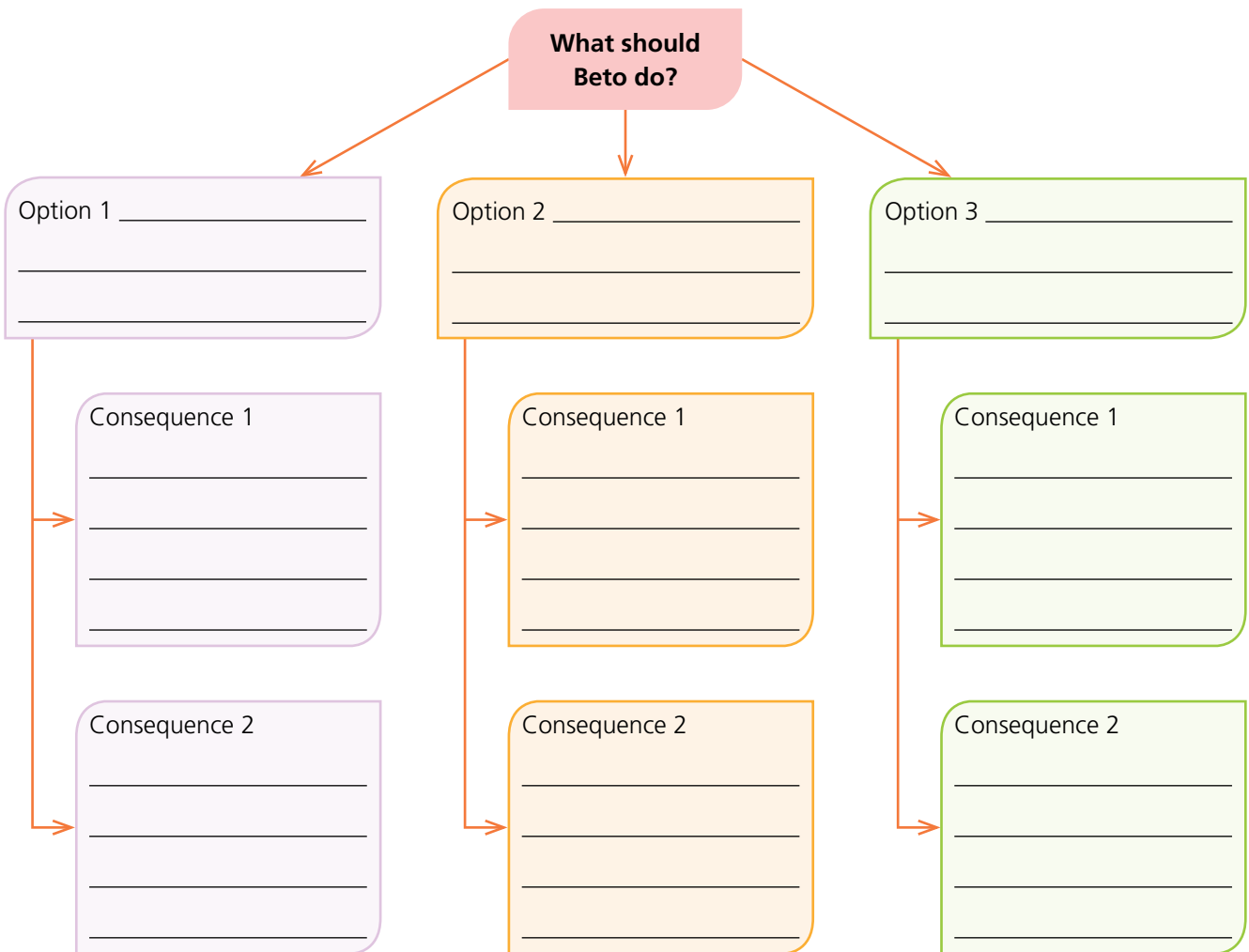
TAKING ACTION

3. ACCEPTING CONSEQUENCES

Beto is an excellent soccer player. He plays for the school soccer team. The team practices every day for the finals, but Beto also has to take some important exams soon. He doesn't seem to find time to do both things well: play soccer and study.



- 1 What should he do?
- 2 How could he manage a strong performance in sports and academics?
- 3 Do you think he should quit one of his activities?





TAKING ACTION 4. HASTY DECISIONS

Acting on impulse means you sometimes do not fully consider the consequences of your actions. Nevertheless, this does not mean that you can't make good decisions or that you shouldn't be responsible for them, but rather that you should take some time, pause, and think ahead to avoid making hasty decisions and then regretting their consequences.

Materials
• Printed handout
• Pen or pencil

STEP BY STEP

- A** Print the handout on the next page or copy it in your notebook so you can work on it.
- B** Read the example situation and identify the consequences of that decision and what you could learn from that situation. Fill in the table.
- C** Now, think of a situation where you made a hasty decision and write down the consequences and what you learned about it.
- D** Work in pairs. Share your personal situation and what you learned from that experience.
- E** Discuss in groups. Write your conclusions.



1 What benefits does reflecting before making decisions have?

2 What would have changed in the situation you shared if you had taken the time to think before deciding?

3 What can you do from now on to stop acting on impulse?

IT

If you want to learn more about impulsive decisions and self-regulation, go to: <http://edutics.mx/56R>



TAKING ACTION
4. HASTY DECISIONS

Mike was coming home from school when he saw some puppies being offered for adoption. He loves dogs, so he immediately picked up one and headed home with his new friend in his arms. He was thinking about how he would name it when he opened the front door of his house.

His parents looked at Mike in amazement. His mother told him she didn't have enough time to take care of the new pet since they already had two other dogs. In addition, Mike himself was very busy now because, besides school, he had taken a part-time job, so he spent very little time at home. The fact was that despite how cute the puppy was, no one had the time or the willingness to take care of it. Mike thought it had been a really bad decision. Now the family was looking for a new home for the puppy.



Consequences	Things learned

My situation	
Consequences	Things I learned